

**~ DEFOREST YOUTH ~**

Sunday Speed Program

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**Sunday Speed Sessions**

\*\*5TH and 6TH Grade- 5pm- 6pm

\*\*7th and 8th Grade- 6pm-7pm

**Dates**

4/7- 4/14- 4/21- 4/28

5/5 – 5/12- 5/19 – 5/26

**Cost $175**

Sessions held at

Deforest High School

Each session is limited to the first 25 athletes who register.

Register below

email [grant@sportsadvantedge.com](mailto:grant@sportsadvantedge.com)

Call- 608-843-8216 or 608-513-6917